Counselling MVP

Effective Communication With Parents

Counsellors, Students & Reps working Together

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What:

Ideas to make communication more effective with parents. Making use of counsellors, students & university reps

Video presentation

How:

- Use visuals (posters, leaflets, etc.)
- Use more than one language
- Create newsletters written by counsellors and students – empower students to do so, could do for CAS
- Have info sessions by counsellors and by university reps – co facilitate to build parent trust in counsellor knowledge
- Have a ”counselling corner” on the student website
- Have a social media feed (Instagram) post deadlines, university reps, information gained from counselling tours

COUNSELING NEWS

The latest news and updates from Mrs. Woody

What did we do in counseling?

Counseling Topics for April...

K-4 : Managing Worry, Coping Skills, Managing Stress and Testing Tips

Why:

Parents are one of our largest stakeholders, and increasing work with parents helps to:

- Build trust
- Save time
- Achieve a better fit for their child
- Decrease anxiety for everyone in the process
- Build community
- Dispel myths
- Enhance support for their children
- Allow for early interventions and address challenges
- Create shared goals
- Allows for informed decision making
- Utilize parent resources

When:

- ALL YEAR LONG as appropriate
- Consider the school community, expectations & communications team suggestions to make decisions on how often they should be share with the community

Who:

- Counsellors
- High school parents G9-12 (Y10-13) as appropriate